



**Circular: PC/76/22**

**Date: 02.06.2022**

**Dear Parents,**

**Greetings from NIS!**

The most awaited Summer Vacation of your kids is finally here... However, before sending them on Summer Vacation we would like to remind you of the following

- **Holiday Assignment:** Please ensure that children complete the holiday assignment when they return back (teachers will upload the holiday assignment on 5-6-22).
- **Family values:** Travel is the most important part of the vacation. but while visiting the tourist places, let them not forget to visit their grandparents. The students who CLICK the best selfie with the grandparents will get certificate of appreciation on the **Grandparents' Day** which we are going to celebrate in the month of September.
- **Photography Skills** Visiting historical places while on vacation is a great learning experience. but capturing those beautiful places and scenery on mobile/ camera is another great skill acquisition. Let them learn the art of photography/videography.
- **Cookery Skills:** Vacation is the right time for the children to do some experiments in the kitchen. Let them learn to cook some simple dishes as part of their life skill education. As informed already "fireless cooking" contest is going to take place in the school in the month of September.
- **Physical fitness:** Instead of playing games on mobile phone let them go for swimming cycling, jogging etc to develop physical fitness as preparation for the **Sports Day** which we are planning in the school during the month of January.
- **Mental fitness:** Let the children, preferably the entire family, learn to sit silently at least for 20 minutes per day in the evenings without doing **anything**. This will calm down the hyperactive children. **Meditation** taught at very young age will help the children to overcome stress, frustration and anxiety.
- **Financial Literacy:** Let the children be involved in the financial decisions of the family. Let them learn about fuel prices, prices of various fruits and vegetables and the reason for the differences in the prices of these items in different countries. Please remember

"Money" chapter is taught at every level of the CBSE curriculum. So why not some practical training during vacation? Visiting banks ATM, etc is a learning by itself.

- **Orphanage / Old age home/Charity hospitals:** Summer vacation need not be always about visiting tourist spots. Let them visit places like the above and donate a little money. This will make them sensitive to the needs of the underprivileged. Let the children get exposure to the hard realities of life.
- **Reading skills:** Let them read story books daily for half an hour at least. This will improve their comprehension, imagination, vocabulary, creativity etc.
- **Diary Writing:** Recording daily events, emotions feelings, thoughts about summer vacation will improve writing skills. It also leads to "Self-Expression" and helps in knowing themselves better.
- **Singing:** Nobody is a born singer. But by practice everyone can try to be one. Our school prayer song, Motivational song, National Anthems should be memorized by every student. (The same will be uploaded in Teams by our Music teacher ) Daily practice for 10 minutes will enhance their memory power, singing skills.
- **Dancing:** Dance fills us with happiness and enthusiasm towards life. So let them dance when they can.
- **Chess and solving Rubik cube:** If family as a whole sit together to play some interesting games like chess, puzzles etc family bonding will improve and at the same time reasoning abilities of the children.

Hope our kids will make every single moment of their vacation memorable, fruitful and return back safely with loads of learning experiences to share with their teachers. We wish EVERYONE a very **Happy Vacation**. Looking forward to see you all on 28<sup>th</sup> August.

Regards.

Anita Sadanand

ABS  
2/6/22

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